

# Growth respond and nutrient utilization of *Clarias gariepinus* fed bean cake

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**ABSTRACT:** The study was conducted to assess the effect of bean cake on the growth of *Clarias gariepinus*. The feed was formulated and fed to *Clarias gariepinus* for a period of 8 weeks while using Coppens and Multifeed as the controls. Fishes were fed twice daily at 4% body weight/day. There were 12 fishes per experimental tank. The result obtained from the study indicated that the highest growth rate occurred in the fishes fed with coppens and multifeed and the lowest being Bean cake. The analysis of the result done using ANOVA however showed that there was no significant difference ( $p > 0.05$ ) in the mean weight, mean length, food conversion efficiency (FCE) and the survival rates (SR), but showed a significant difference ( $p < 0.05$ ) in the weight gain, length gain, specific growth rate (SGR) and mean growth rate (MGR). Bean cake could be used for the sustenance of *Clarias gariepinus* but not for optimum growth.

**Key words:** Bean cake, *Clarias gariepinus*, coppens, growth rate, multifeed.

## INTRODUCTION

Fish is an important source of both food and income to many people in developing countries like Nigeria. Fish is known to be the one of the main source of protein to man providing about 17 to 38% of total of total protein intake in various countries and about 40% of normal protein intake of the average Nigeria (Dada and Gnanados, 1983). It also provides fat, minerals, oil and vitamins which are accessory food factors whose deficiency leads to malnutrition and in man. In Africa, as much as 5% of the population, some 35million people depends wholly or partly on the fisheries sector for their livelihood (FAO, 1996a). It is estimated that by 2050, when world population is projected to be over 9 billion, Africa will have to increase food production by over 300%, Latin America by 80% and Asia 70% to provide minimally adequate diets for the projected population of 2 billion, 810 million and 54billion people in the respective regions (Anon, 1997).

The consumption and demand for fish as a cheap source of protein on the increase in Africa, because of the level of poverty in the land. The vast majority of the fish supply in most cases comes from the rivers in the continent. While capture fisheries based on species that

are presently exploited seem to have reached their natural limit (FAO, 1996b), there is considerable potential to expand aquaculture in Africa in order to improve food security (Kapetsy, 1994; Engel, 1997; Jamiu and Ayinla, 2003). Although potentials abound in the continent for the development of viable fish farming, one of the major hindrances to the development of aquaculture industry in Africa is the lack of locally produced fish feed. Fish requires high quality feed for growth and attainment of market size within the shortest possible time. Therefore local production of fish feed is very crucial to the development and sustainability of aquaculture in Africa.

Feed accounts for over two third of the variable cost of fish culture operation in an intensive management system (Akiyama, 1988; Eyo, 1990).

The African catfish (*Clarias gariepinus*) is choice fish species in Nigeria. It commands high demands from consumers and is mostly preferred by aquaculture. This is due to the ideal characteristics of this species (Eding and Kamstra, 2001), which includes high growth rate at high stocking densities, a high food conversion, good food quality and smoking characteristics as well as year round production (Ita, 1985). Fish culture production in

Nigeria includes stocking of lakes and production in ponds, cages and tanks (Ita, 1985). Pond culture is the most prevalent (Akinwole and Faturoti, 2006). Virtually all aspects of ponds culture of African catfish (*Clarias gariepinus*) in Nigeria has been developed and documented to ensure profitable production of the species. The appreciable quality of water and large expanse of land required for pond culture abound in Nigeria, but however fish feed has been a limitation for its expansion. Beans is one of the most important food legume crops in the semi-arid tropics covering Africa, Asia, Southern Europe and Central and South America. Beans are drought resistance tolerant and warm weather crop. They are well adapted to the drier region of the tropics, where other legumes do not perform well. Beans are high in protein and are readily available in the market. Beans are used for various things for example; Beans could be boiled and eaten with other food like rice, bread. They are also boiled with sauce and eaten alone; beans are the favorite meal of school children because of their sustainability and high protein content, they are also eaten as cake, popularly called akara. Beans are also fed to livestock such Poultry birds and so on (Singh et al., 2003).

Despite the fact that beans is rich in protein which is what fish need for optimum growth, beans can be used as alternative supplement feed. However, no attention has been drawn to the use of beans as an alternative supplement. More so, researchers seemed to have neglected the potentials that beans hold for fish growth. Consequently, this research work is undertaken with a view to establishing the effects of beans on the growth of *Clarias gariepinus*.

Aquaculture development and growth in Africa have been on low ebb despite the vast aquatic resources that abounds in the continent. Since the introduction of aquaculture to Africa, some decades ago, there have been a lot of innovations, technological advancement and progress in the areas of genetics, seed propagation, pond construction and farm management in general. Despite breakthroughs recorded in these areas, most farmers in Africa still rely heavily on imported feed ingredients and fish feeds from European countries, which makes fish farming expensive as fish feed accounts for at least 60% of the total cost of production (Jamiu and Ayinla, 2003). This has contributed in no small measure to the slow pace at which aquaculture is advancing in Africa. This project, however reviewed critically the potentials of locally manufactured fish feed in enhancing, improving and sustaining aquaculture development in Nigeria and Africa at large.

### **Aquaculture development in Africa**

Aquaculture development in Africa is insignificant compared to the rest of the world (Changadeya et al.,

2003). According to Hetch (2000) the entire continent contributed only 0.4% to the total world aquaculture production for the period 1994 to 1995. In the year 2000 it contributed a mere 0.97% of the total global aquaculture (FAO, 2003).

Although, the history of aquaculture is relatively recent in sub-saharan Africa compared to Asia and some other parts of the world. Most known aquaculture systems have been introduced over the last 35years (FAO, 1996a, 1996c). The growth, expansion and production of aquaculture in northern part of Africa especially Egypt is more advanced in techniques and technicalities in comparison to the sub-Saharan regions (FAO, 2003).

In sub-Saharan regions, aquaculture in most places is still essentially rural, secondary and part time activity taking place in small farms with small fresh water ponds (FAO, 1996a). The systems that are generally practiced range from extensive to semi intensive cultural systems with limited fish yield, which are mostly consumed directly or sold locally (CIFA, 1998). Almost all fishing is carried out by rural small scale operators in small fresh water ponds as a secondary activity to agriculture. Although there is abundant potential for the development and expansion of aquaculture in this region, factors such as the novelty of aquaculture, the general poor economic conditions in most countries and the relative paucity of entrepreneurial skills and credit facilities hamper its development (FAO, 1997). Aquaculture development in most African countries is primarily focused on socio-economic objectives such as nutritional improvement in rural areas, income generation, diversification of farm activities and creation of employment especially in rural communities where opportunities for aquaculture in northern part of Africa are limited (CIFA, 1998). This approach over the years has resulted in sustained aquaculture growth in some African countries such as Ivory Coast, Egypt, Ghana, Malawi, Nigeria, and Zambia (Jamiu and Ayinla, 2003). While there is still room for enhancing aquaculture production in Africa through improved production systems, genetics and general farm management principles, the desired and expected growth of aquaculture to meet the ever increasing demand for fish and satisfy its socio-economic functions is only achievable through cost effective and high quality fish feed.

### **Aquaculture development in Nigeria**

Despite the fact that fish farming started in Nigeria over fifty years ago, it is not until very recently that aquaculture made substantial contribution to domestic fish supply. After many years of dormancy, the fisheries and aquaculture sector in Nigeria has been brought to the fore front of the national development agenda. Apart from ongoing activities of the presidential initiative on fisheries and aquaculture development, Nigeria also hosted the

NEPAD "Fish for All summit" in Abuja in August 2005. This summit was a major success with the participation of 30 countries and international organizations. It is worthwhile to note the active participation and exhibition mounted by CAFAN at the summit which concluded by adopting the "Abuja Declaration" on sustainable fisheries and aquaculture development for Africa and the NEPAD plan of action.

The role of fishing in realizing food security in Nigeria cannot be overstated. It accounts for a major source of food protein. For example, fishery products domestic consumption provides approximately 22% of the protein requirement in Nigeria. It also generates employment for 36 million people directly through aquaculture. This means that any attempt to neglect fishing by the government maybe to our own peril (FAO, 2003). Interestingly, demand for fish has continued to increase, not only in Nigeria but also worldwide. Despite that, marine capture historically still accounts for over 80% of the world fish supply, however the capture fisheries have not been able to meet up with the growing demand due to increased fishing pressure and the resultant over-fishing syndrome (FAO, 2003). It has been postulated by FAO, that if Nigeria is to bridge the serious fish supply gap, the country must invest heavily in modern systems of aquaculture as well as poly-culture for rural communities, while providing enhanced capacities for capture fisheries development. There is no doubt that Nigeria possesses a good environment rich enough to stimulate growth in aquaculture given the right attitude by the government. The underdeveloped aquaculture sector has the potential of 0.65 to 1.2 million tonnes of fish production annually in Nigeria. But it is presently producing 16.619 to 25.264 tonnes annually and it is produced mainly from outdoor, dugout extensive fish ponds, and it is basically 3% of the country's fish production potentials. Outdoor dugout pond farming has always been misconstrued as cheap and easy to operate due to lack of solid infrastructural requirements, low maintenance cost and low feeding costs.

According to the Nigerian institute of oceanography and Marine Research, the country has 1,000,000 hectares in fresh water of swamp suitable for aquaculture. This sounds as good news for fish farmers, however, the exploitation of this potentials remains minimal. For instance, an estimated area dedicated to fish farming in 1998 was given as about 5,000 hectares in fresh water and 230 hectares in brackish water. Production estimate was put at 1 tonne per hectare per year for small scale ponds and 2 to 4 tonnes per hectares per year for commercial farmers. This production was however achieved by using low semi-intensive fish farming culture level. The development of semi-intensive fish farming in Nigeria lies in the establishment of fish culture projects; such projects would increase fish production by 656:815 metric tonnes yearly. Due to the location of the fresh water swamps and the mangrove swamp in Niger delta,

the rudimentary level of aquaculture development in Nigeria and particularly in Niger delta region is of great concern, especially when the potential for its development remains attractive.

### **Aquaculture and food security in Africa**

Nutritionally, fish is one of the cheapest and direct sources of protein and micronutrient for millions of people in Africa (Ben et al., 2005), with steady decline in capture fisheries, aquaculture is a readily, veritable tool in the provision of fish eaten all over the continent. Unlike some other animal products, fish is widely acceptable. Its acceptability cuts across social, cultural and religious background. To maintain food fish consumption at the present level of 5 to 45 kg per person per year depending on the country, supplies of fish must increase tremendously. However, with the current supply trends combined with ever increasing population, the per capita consumption of fish in Africa is stagnating and in sub-saharan Africa has fallen drastically (Muir et. al., 2005). To arrest this deplorable condition and boost production of fish, aquaculture remains the only feasible option that can sustain adequate fish supply in Africa.

### **Fish feed development**

Fish feed technology is one of the least developed sector of aquaculture particularly in Africa and other developing countries of the world (FAO, 2003). Feed is one of the major input in aquaculture production, it is one of the fundamental challenges facing the development and growth of aquaculture in the African continent. Fish feed development in Sub-Saharan Africa has not made a significant progress in aquaculture as expected.

According to Hetch (2002), it is observed that the research on inexpensive feed ingredients has not contributed greatly to aquaculture development in Africa and suggested that more research on how best plant protein can be used as fish feed, play very vital role in aquaculture growth and expansion. In fact, it is a major factor that determines the profitability of aquaculture venture. Jamiu and Ayinla, (2003) reported that feed accounts for at least 60% of the total cost of fish production in Africa, which to a large extent determines the viability and profitability of fish farming enterprise. As aquaculture becomes intensive, most farmers in Africa depend largely on imported fish feed from European countries for the productivity and sustainability of the industry. For example, in Nigeria an estimated 4,000 tonnes of quality fish feed are imported into the country each year (AFP, 2007). This has contributed in no small way in increasing the total cost of production which will ultimately translate to high cost of fish, thereby making it expensive for the teeming population of the poor people

living in Sub-Saharan Africa. In some countries like Kenya, Namibia, Malawi, Nigeria, Uganda, Madagascar, Ghana and Cote D'ivoire, where little quality of fish feeds are produced locally, the quality is very poor and production rate inconsistent. This corroborated the submission of Jamiu and Ayinla, (2003) that the low quality of fish feed and its attendant high cost are the major factor limiting the development of aquaculture in Africa. Hence, research in fish nutrition that will utilize locally available ingredients and fabricated equipment without reducing the quality of the feed is urgent and crucial to the overall success of aquaculture development, growth and expansion in Africa. For many aquaculture ventures to be viable and profitable, it must have a regular and adequate supply of balanced artificial diet for the cultured fishes. This is so because the dissolved nutrient environment are seasonal and might be insufficient or may not occur in required proportion to meet the nutritional demand of cultured fishes (Ugwumba and Ugwumba, 2003). There is therefore the need to develop and encourage fish farmers to make use of ideal pond fertilization programs, non-conventional feed resources, feed stuff processing, refinement and formulation that take cognizance of the requirement of the various species and their stages. In comparison to livestock feeds, fish feeds are unique in that they are pelleted and the size of the pellet depends to a large extent on size and age of the fish involved. Fish feed is very important in the efficiency and overall performance of fish in the pond and least lost feed production which will reduce the cost of production of fish. This is why any attention towards the production of effective and cheap feed will benefit fish farmers in Nigeria and Africa at large. The feed produced and used widely in Africa are categorized into conventional and non-conventional feed stuff. The categorization is based on the availability and acceptability of the feed stuff involved.

Literature on the use of beans as fish feed has been scarce and very difficult to come by. However, beans has been used to feed livestock, example; poultry birds, in some part of the country. The reported proximate analysis of beans (cowpea) showed that it has good potential as a source of protein for livestock feeding (Aremu, 1990). This study is therefore geared at exploring the possibility of using bean cake as fish feed, which if successful will cut down the cost of fish feed by replacing some of the expensive conventional fish feeds.

## MATERIALS AND METHODS

### Experimental design

Three rectangular transparent plastic tanks of 50 × 26cm × 26 cm with a capacity of 30 litres each were used for the experiment, with water level maintained at 35cm (25 litres). There were three treatments designated as Tank

A, Tank B, and Tank C. The species of fish used was *Clarias gariepinus* fingerlings of length 0 to 16 cm and weight 0 to 20 g. The fishes were obtained from Mallam Dankishiya's fish farm and transported to the biological garden of University of Abuja between 6 to 8am to reduce mortality due to increased temperature. The fishes were acclimated for seven days in the biological garden. At the end of the acclimation period, the fishes were randomly selected and assigned to different tanks at a stocking rate of 12 fingerlings per tank. The fishes were starved for 24hrs to empty their gut content and prepare them for the experimental feed. This practice also helps to make the fish hungry and thus more responsive to the new diet. The fishes were fed 4% of their gross body weight per tank. Tank A was fed Coppens fish feed, Tank B was fed the formulated Bean Cake while Tank C was fed Multifeed feed. The initial individual weight, length, mean length and mean weight were recorded. The aquaria were covered with mosquito net to prevent the fingerlings from jumping out, intrusion of insects and other foraging bodies (Lizard, geckos, spiders etc), fresh water was used throughout the experiment. Depleted water was replaced with fresh water of 25 litres after each cleaning. During cleaning, which involved scrubbing of the tanks with sponge, disinfection of the tanks using potassium permanganate to prevent contamination caused by the leftover food particles and washing with clean water?

### Weighing of fish

The weight of the fishes were determined with the aid of a E-Zurich (Swiss made) weighing balance. Each fish was weighed individually thereafter the process was carried out weekly with the final weighing done at the end of the 8 weeks period of the experiment. The weighing of the fingerlings was done in order to get weight gain by the fingerlings weekly, after they have been subjected to feeding with the various feeds assigned to the various tanks at 4% gross body weight of the fishes per tank.

### Length of fish

The lengths of the fishes were determined using a measuring board and a meter rule. This involved measuring the total length of individual fishes to the nearest centimeter. In measuring the length the fishes was placed on a board with its snout closed and touching the edge of the board, and the caudal fin pressed together and the reading taken from the graduated measuring board and recorded. This was done weekly to get the length gain per week.

### Feed Formulation

The following materials were used to formulate the

experimental bean cake feed; lfe brown beans, vitamin premix, methionine, lysine, bone meal and starch. The materials were procured from gwagwalada market and Agro Vet Stores. The beans and the bone meal were grinded individually in a grinding machine to obtain a fine powder.

The ingredients were mixed together thoroughly and formed into a paste using starch as the binding agent. The paste was pelleted using a locally made pelleter. The resultant pellets were sun dried for 48 h. the dried feed was then taken for proximate analysis to the percentage compositions of crude protein, crude fat, crude fibre and ash. The remaining feed was then stored in an air tight container to prevent moisture from penetrating into it and also for subsequent feeding of the fingerlings.

### Feeding and measurement

Three feeds were used for the experiment, they includes; coppens feed for aquaculture, multi feed for aquaculture, and the formulated experimental bean cake respectively. The feeds were assigned to various tanks; Tanks A was fed coppens, Tank B was fed the experimental feed and Tank C was fed multifeed. The fishes were fed 4% of their gross body weight per tank per day. The process involved weighing all the fishes in each tank using a weighing balance and calculating 4% of the gross body weight of the fishes per tank. This amount was measurement out from the bulk of the feed and fed to the fingerlings. The fingerlings were fed twice daily, half of the measured feed in the morning (7.00 to 9.00am) and the remaining half in the evening (5.00 to 7.00 pm). At the beginning of every new week, the process was repeated and thus the new gross weights were used. The duration for the experiment was 8weeks.

### Physiochemical Parameters

During the first week of the experiment, the physiochemical parameters of the water were carried out daily. Parameters such as temperature, pH, ammonia and dissolved oxygen were measured. This was to enable me know the time of the week to change the water (i.e when the water starts getting to toxic for the fingerlings survival). However, parameters such as the temperature were measured daily. Both the water temperature and the atmospheric temperature were read to the nearest 0°C with the aid of mercury in glass thermometer. The dissolved oxygen was determined once a week after the first week of daily measurements by titration with 0.1NaOH and the azide modification of the Winkler method (America Public Health Association, 1976), pH was determined with the aid of a digital pH meter. Ammonia was determined by a spectrophotometer, using the Phenolhydrochloride method, nitrite was measured using urinalysis test strip kit (Sterling, 1985).

### Nutrient utilization parameters

Mean weight gain (%): This was calculated as

$$MWG (\%) = \frac{\text{Final mean weight}}{\text{Initial mean weight}} \times 100$$

Mean Length Gain (%): This was calculated as

$$MLG (\%) = \frac{\text{Final mean length}}{\text{Initial mean length}} \times 100$$

Specific growth rate (SGR)

$$SGR = \frac{\ln W1 - \ln wt}{T} \times 100$$

Where, WT = Final Weight, Wt= Initial weight, T = Time (Days) and Ln = Natural logarithm

Food conversion efficiency (FCE)

$$FCE = \frac{\text{Weight Gain}}{\text{Feed Intake}} \times 100$$

Mean Growth Rate (MGR)

$$MGR = \frac{W2 - W1}{0.5 (W2W1)} \times \frac{100}{t}$$

Where W2= Final Weight, W1 = Initial Weight, t = Period of the experiment in days and 0.5 = Constant.

Weight Gain: This was calculated as

$$W2 - W1$$

Where, W2 = final mean weight value and W1 = Initial mean weight value

Survival rate (SR)

$$SR = \frac{\text{Total fish number harvested}}{\text{Total fish number stocked}} \times 100$$

### Statistical analysis

Analysis of growth data using analysis of variance (One-way, ANOVA) was used for this study.

## RESULTS

Results of production parameters for the three treatments are presented in (Tables 1, 3, and 5). While the physio-

**Table 1.** Production Parameter For Treatment A (Coppens).

Production Parameters	Weeks								
	0	1	2	3	4	5	6	7	8
Gross weight (g)	110.42	141.78	176.196	217.92	268.304	275.231	307.373	333.861	386.210
Mean weight (g)	9.201	11.815	14.683	18.160	21.942	25.021	27.943	30.351	35.110
Weight gain (g)	0.00	2.614	2.823	3.477	3.782	3.079	2.922	2.408	4.759
Total length (cm)	114.24	138.108	152.196	176.508	195.348	207.90	232.562	255.431	278.564
Mean length (cm)	9.520	11.509	12.683	14.709	16.279	18.900	21.142	23.221	25.324
Length gain (cm)	0.00	1.989	1.174	2.026	1.58	2.621	2.242	2.079	2.103
Specific growth rate (%)	0.00	3.527	3.339	3.538	3.104	2.858	2.645	2.436	2.392
Mean growth rate (%)	0.00	0.687	0.580	0.511	0.451	0.393	0.347	0.310	0.286
Gross weight (g)	0.00	59.187	49.777	49.33	43.387	29.234	26.541	19.585	35.636
Survival rate (%)	100	100	100	100	100	91.67	91.67	91.67	91.67

**Figure 2.** Physiochemical parameter for treatment A (Coppens) (Weekly Mean Values).

Physiochemical parameter	Weeks							
	1	2	3	4	5	6	7	8
Atmospheric temperature (°C)	26.6	27.9	27.5	28.3	29.5	27.8	26.6	27.5
Water temperature (°C)	24.9	25.3	26.1	26.4	26.8	24.7	23.8	24.1
pH	7.4	7.6	7.8	7.9	8.1	8.3	8.5	8.6
Dissolved Oxygen (mg/l)	6.52	6.19	6.03	5.81	4.96	4.47	4.19	3.98
Ammonia (mg/l)	0.01	0.12	0.19	0.26	0.34	0.41	0.44	0.45
Nitrite (mg/l)	0.01	0.01	0.02	0.02	0.03	0.04	0.05	0.05

chemical parameters for the treatments are given in (Tables 2, 4 and 6) respectively. Tables 1 and 2 show the production of and physiochemical parameters for treatment A (coppens), Tables 3 and 4 show the production and physiochemical parameters for treatment B (Bean Cake), and Tables 5 and 6 show the production and physiochemical parameters for treatment C (Multifeed) respectively. Also, Figures 1 to 7 show the graphical representations of the production

and physiochemical parameters for treatment A; Figures 2 and 8 show the graphical representations for the production and physiochemical parameters for treatment B; and Figures 3 and 9 show the graphical representations of the production and physiochemical parameters for treatment C. However, (Figures 4, 5 and 6) show the graphical representations of the survival rates, Specific Growth Rates (SGR) and Mean Growth Rates (MGR) for the three treatments respectively.

From (Figure 4), it can be observed that the fingerlings survived at the same rate for the first two weeks, but treatment B recorded mortalities on the 3rd and the 6th weeks, treatment A also recorded a mortality on the 5th week and treatment C recorded a mortality on the 6th week. Figure 5 compare the Specific Growth Rates (SGR) of the three treatments. Treatments A and C showed a progressive decline on the SGR while treatment B showed an increase on the SGR from

**Table 3.** Production Parameters For Treatment B (Bean Cake).

Production Parameters	Weeks								
	0	1	2	3	4	5	6	7	8
Gross weight (g)	118.452	126.684	140.916	146.52	158.532	174.988	172.21	184.31	199.80
Mean weight (g)	9.871	10.557	11.743	13.320	14.412	15.908	17.221	18.431	19.980
Weight gain (g)	0.00	0.686	1.182	1.577	1.092	1.496	1.313	1.210	1.549
Total length (cm)	125.40	132.12	142.692	138.831	147.752	155.232	149.81	157.30	168.21
Mean length (cm)	10.450	11.01	11.891	12.621	13.432	14.112	14.981	15.730	16.821
Length gain (cm)	0.00	0.54	0.881	0.730	0.811	0.680	0.869	0.749	1.091
Specific growth rate (%)	0.00	0.960	1.240	1.427	1.351	1.363	1.325	1.274	1.259
Mean growth rate (%)	0.00	0.188	0.231	0.250	0.228	0.220	0.206	0.192	0.183
Food conversion efficiency (%)	0.00	14.478	23.326	27.978	19.472	23.591	19.197	17.566	21.011
Survival rate (%)	100	100	100	91.67	91.67	91.67	83.33	83.33	83.33

**Table 4.** Physiochemical parameter for treatment B (Bean Cake) weekly mean values).

Physiochemical parameter	Weeks							
	1	2	3	4	5	6	7	8
Atmospheric temperature (°C)	26.5	27.1	28.1	26.4	27.5	27.1	26.3	27.4
Water temperature (°C)	24.9	25.3	24.1	25.4	25.6	24.7	25.2	25.1
pH	7.4	7.6	7.8	8.1	8.4	8.6	8.7	8.9
Dissolved Oxygen (mg/l)	6.73	6.01	5.31	5.02	4.50	4.31	4.06	3.49
Ammonia (mg/l)	0.01	0.16	0.23	0.31	0.35	0.41	0.45	0.5
Nitrite (mg/l)	0.01	0.02	0.02	0.03	0.05	0.07	0.09	0.11

week 1 to week 3 and declined through to week 8.

### Physiochemical parameters

The atmospheric temperature throughout the study period varied between 26°C and 30°C, while the water temperature varied between 23°C and 27°C (Tables 2, 4 and 6). The concentration of

dissolved oxygen was between 6.73 mg/l and 3.49 mg/l, which is within the permissible limit standard of dissolved oxygen for aquatic life recommended by the Federal ministry of Environment (2006). Also, Eding and Kamstra, (2001) reported that the standard value of dissolved oxygen for African catfish (*Clarias gariepinus*) is between 2.9 to 6.8 mg/l. Treatment B recorded the lowest amount of dissolved of

oxygen (3.4 mg/l). The concentration of the dissolved oxygen declined weekly (Tables 2, 4 and 6) due to the growth of the fishes and therefore increases the demand for dissolved oxygen, was as the same volume of water is being used. Ammonia concentration in the three treatments throughout the experiment ranged between 0.01 mg/l and 0.5 mg/l. Nitrite concentration ranged between 0.01 and 0.11. Treatment B

**Table 5.** Production parameter for treatment C (Multi feed)

Production parameters	Weeks								
	0	1	2	3	4	5	6	7	8
Gross weight (g)	122.16	147.792	173.976	204.12	242.412	271.932	272.041	296.791	326.282
Mean weight (g)	10.180	12.316	14.498	17.010	20.201	22.661	24.731	26.981	29.662
Weight gain (g)	0.00	2.136	2.182	2.512	3.191	3.460	3.07	3.25	2.681
Total length (cm)	111.852	142.596	161.184	186.252	206.652	231.612	231.121	243.221	258.137
Mean length (cm)	9.321	11.883	13.432	15.521	17.221	19.301	21.011	22.111	23.467
Length gain (cm)	0.00	2.562	1.549	2.089	1.70	2.080	1.71	1.10	1.356
Specific growth rate (%)	0.00	2.721	2.526	2.445	2.447	2.286	2.114	1.989	1.910
Mean growth rate (%)	0.00	0.487	0.418	0.376	0.340	0.347	0.275	0.250	0.230
Food conversion efficiency (%)	0.00	43.713	36.910	36.097	39.082	35.683	28.224	29.867	22.583
Survival rate (%)	100	100	100	100	100	100	91.67	91.67	91.67

**Table 6.** Physiochemical parameter for treatment C (Multi feed) weekly mean values.

Physiochemical parameter	Weeks							
	1	2	3	4	5	6	7	8
Atmospheric temperature (°C)	27.6	27.9	28.5	29.2	28.5	27.8	26.6	27.5
Water temperature (°C)	24.8	25.4	26.3	26.6	25.7	26.4	24.0	24.3
pH	7.4	7.6	7.8	8.1	8.3	8.4	8.6	8.7
Dissolved Oxygen (mg/l)	6.83	6.62	6.40	6.15	5.86	5.57	5.28	4.95
Ammonia (mg/l)	0.01	0.13	0.18	0.27	0.35	0.42	0.46	0.47
Nitrite (mg/l)	0.001	0.01	0.01	0.02	0.02	0.03	0.04	0.05

recorded the highest value of nitrite concentration (0.11 mg/l).

## DISCUSSION

The growth pattern in the three treatments revealed that the highest growth occurred in treatment A and C respectively. The reported

crude protein value of fish in literature is 65% (Annune, 1990), while that of beans (*vigna unguiculata*) is 25 % (Henshaw, 2008). Thus, from the above values, the feeds fed to treatment A and C has higher protein content than bean cake and therefore a higher biological value than bean cake, fact which is confirmed by fishes fed on coppen and multifeed which showed the highest weight gain. However, coppens had the highest

weight gain (4.759g), followed by Multi-feed (3.460 g) and then bean cake (1.577 g); length gain (2.621 cm), (2.562 cm) and (1.091cm); specific growth rate (3.572%), (2.721%), and (1.427%); and mean growth rate (0.687%), (0.487%) and (0.250%) (Tables 1, 3, and 5) respectively, this could be attributed to their difference in percentage of crude protein contents of the feeds, coppens (45%), Multi-feeds (42%)



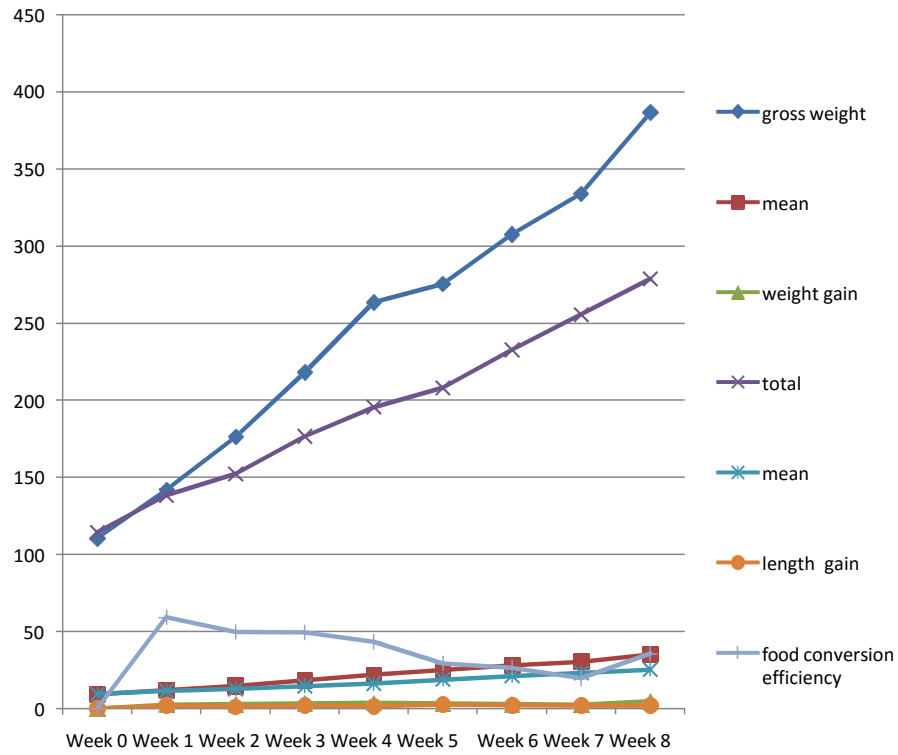


Figure 1. Production parameters for treatment A.

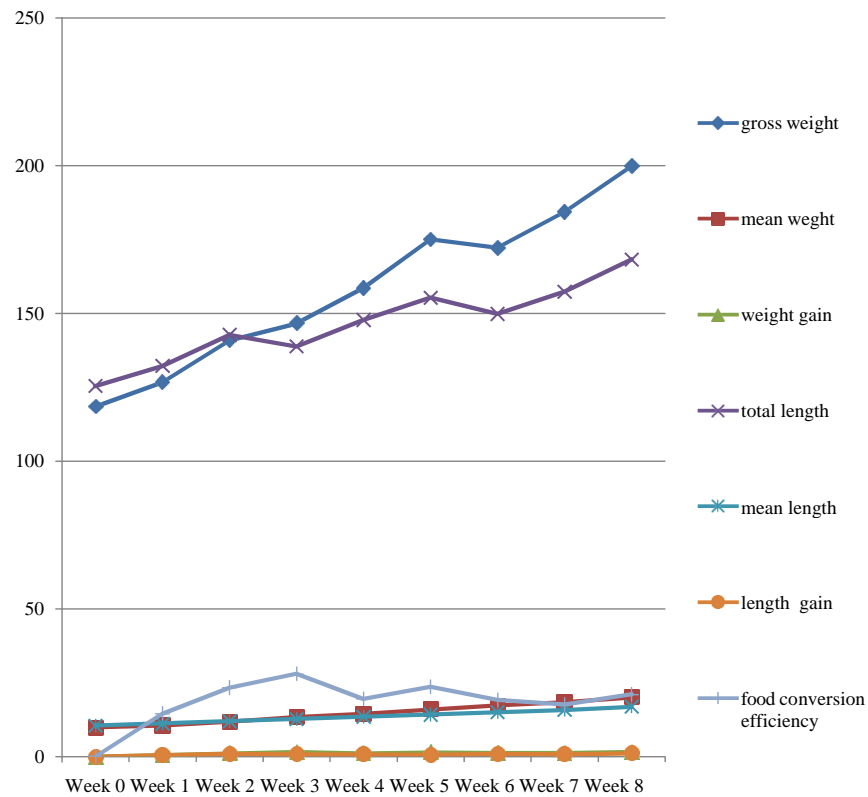
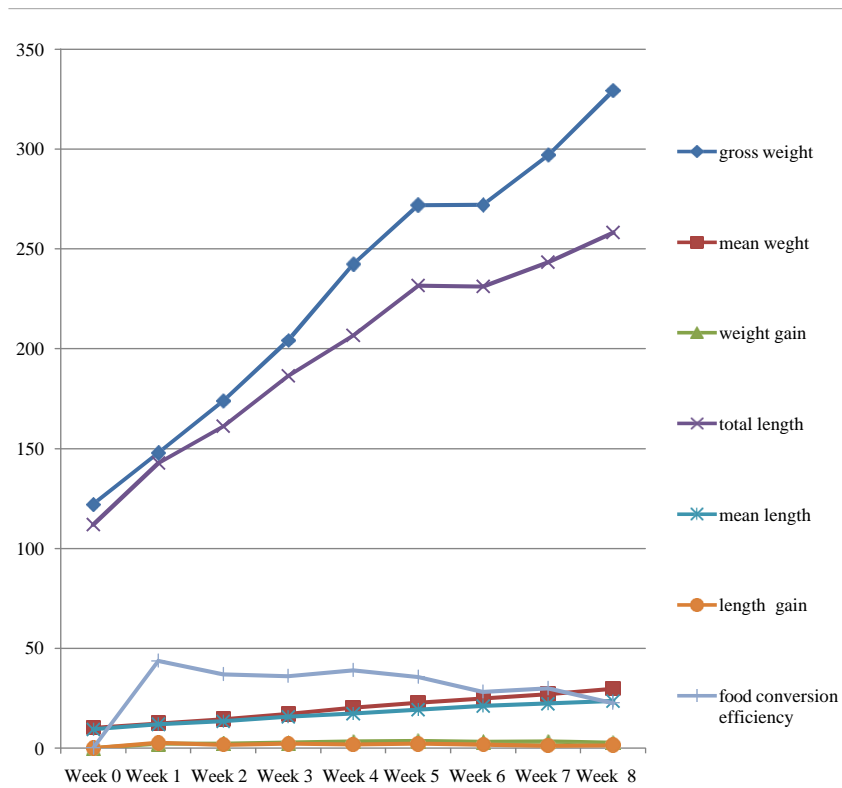
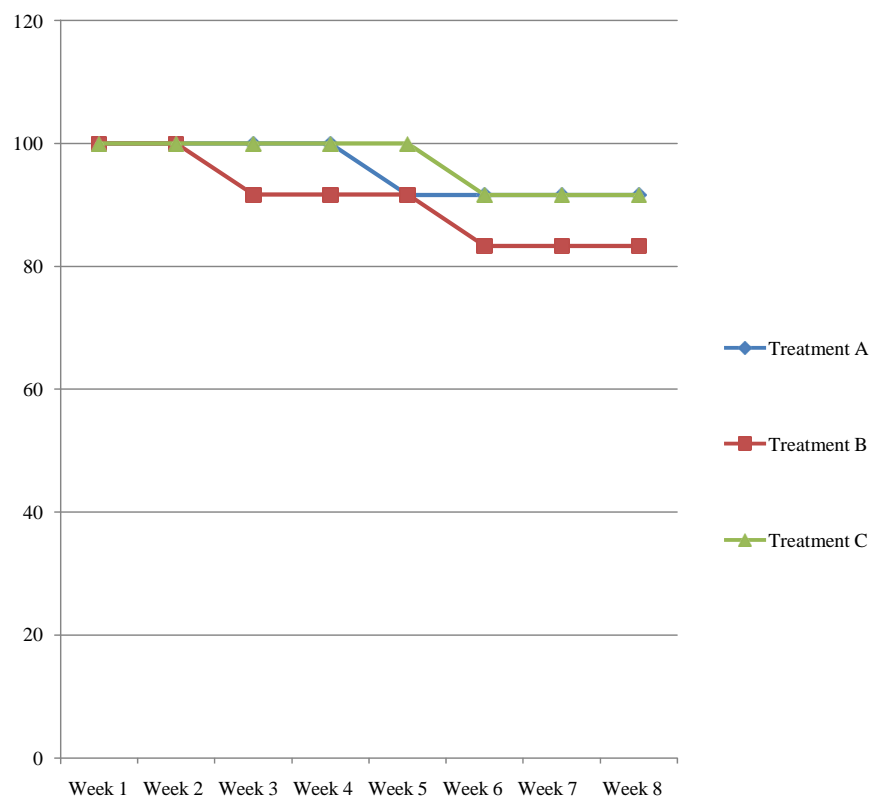


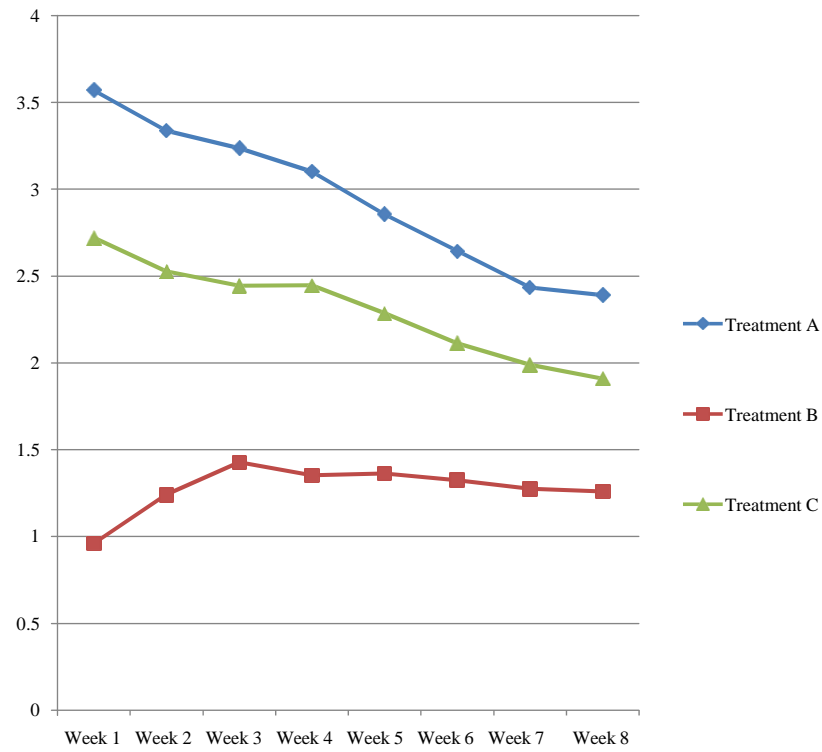
Figure 2. Production parameters for treatment B.



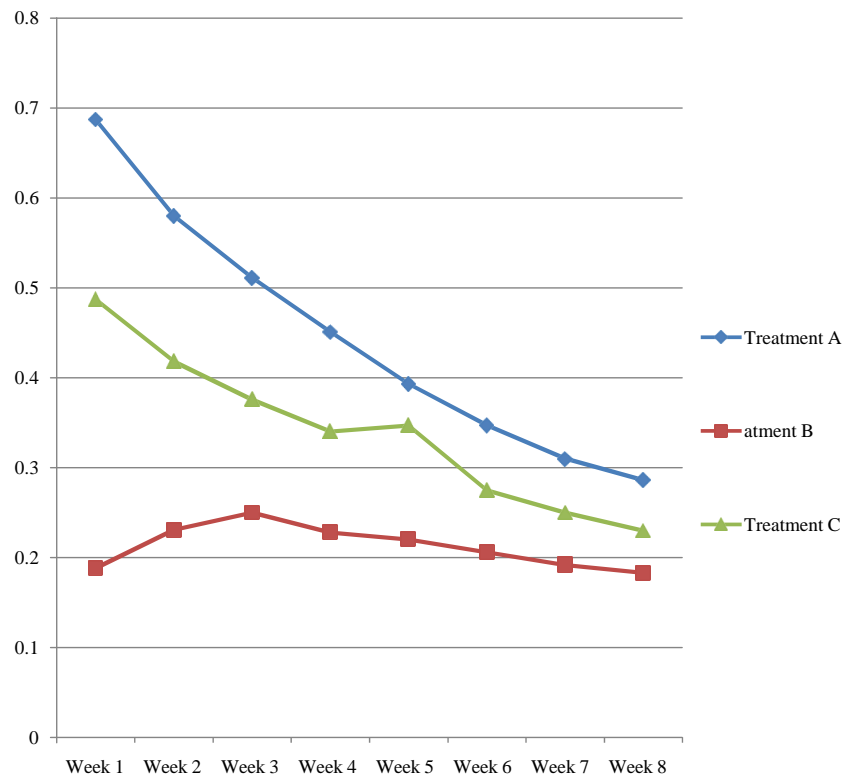
**Figure 3.** Production parameters for treatment C.



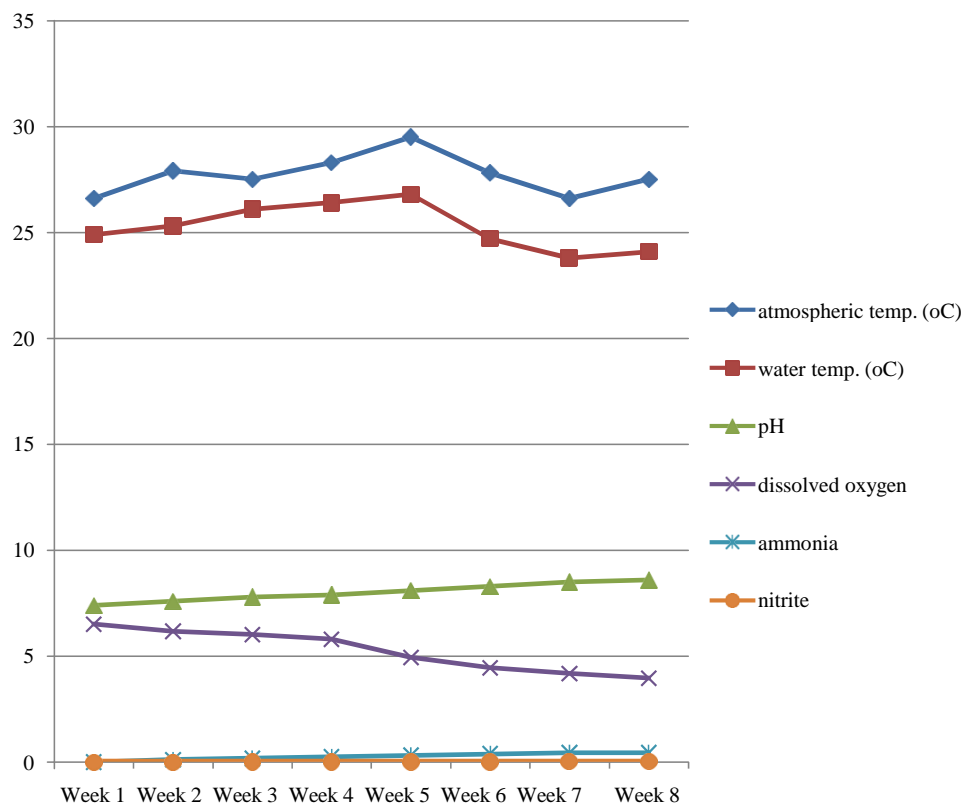
**Figure 4.** Survival Rates (%) of the Treatments A, B and C.



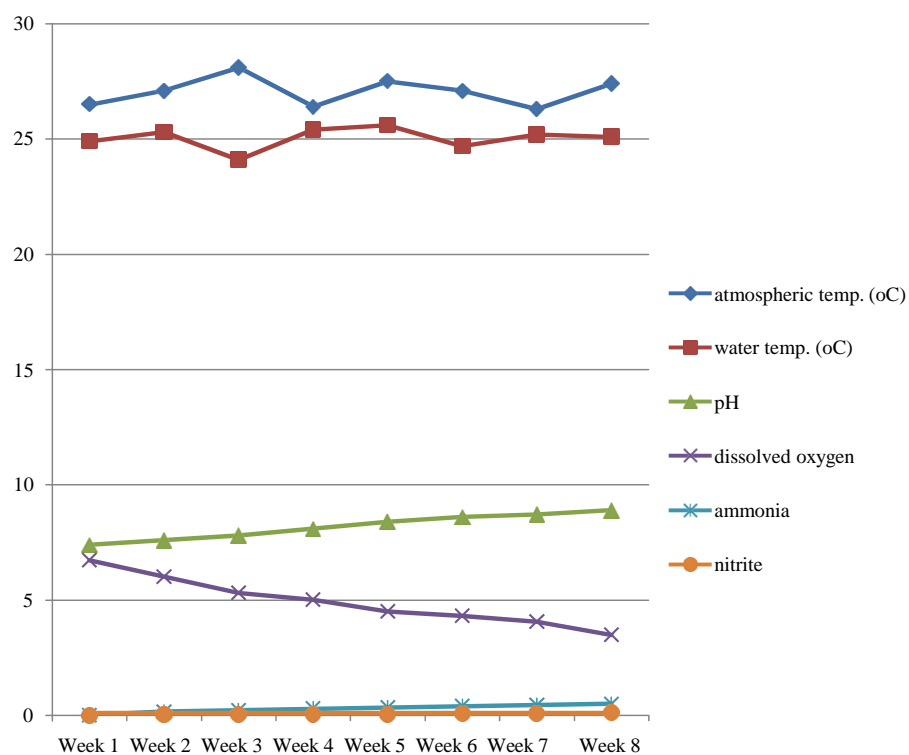
**Figure 5.** Specific Growth Rates (%) of the three treatments.



**Figure 6.** Mean Growth Rates (%) of the three treatments.



**Figure 7.** Physiochemical Parameters for treatments A.



**Figure 8.** Physiochemical parameters for treatments B.

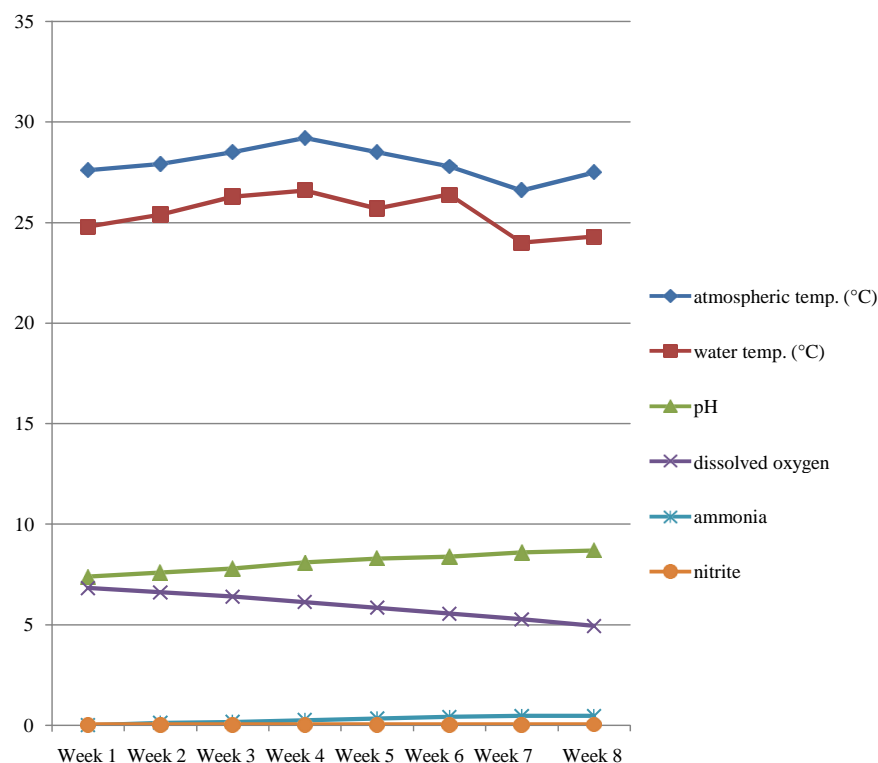


Figure 9. Physiochemical Parameters for treatments C.

and bean cake (28.6%).

More so, another reason for the low performance of the fishes fed bean cake could be the lack of exudation of fish flavour from the diet (Chow, 1981), this then explains the low consumption rate of bean cake observed during the experiment and further explains why there was left over of feed in the aquarium with bean cake compared to others 15-20 min after they were fed.

The low consumption rate of bean cake could also be implicated in the low weight of observed and also the highest mortality rate recorded in Treatment B from the inception of the experiment to its termination. The effect of bean cake and the other feeds on the growth and productivity of *Clarias gariepinus* was statistically analysed using the one-way ANOVA. The analysis showed that there was a significant difference in weight gain ( $F = 7.596155$ ;  $df = 24$ ;  $P\text{-value} = 0.00278$ ;  $P < 0.05$ ), length gain ( $F = 6.9350852$ ;  $df = 24$ ;  $P\text{-value} = 0.004209$ ;  $P < 0.05$ ), Specific growth rates ( $F = 5.310648$ ;  $df = 24$ ;  $P\text{-value} = 0.012314$ ;  $P < 0.05$ ), Mean growth rate ( $F = 4.535696$ ;  $df = 24$ ;  $P\text{-value} = 0.021336$ ;  $P < 0.05$ ).

However, the analysis showed that there was no significant difference in mean weight ( $F = 2.611572$ ;  $df = 24$ ;  $P\text{-value} = 0.094148$ ;  $P > 0.05$ ), mean length ( $F = 2.022346$ ;  $df = 24$ ;  $P\text{-value} = 0.154286$ ;  $P > 0.05$ ), food conversion efficiency ( $F = 3.370884$ ;  $df = 24$ ;  $P\text{-value} = 0.051261$ ;  $P > 0.05$ ), survival rate ( $F = 2.697197$ ,  $df = 24$ ;  $P\text{-value} = 0.08773$ ;  $P > 0.05$ ).

## Conclusion

It is however concluded from the experiment that bean cake feed does not contain the nutrient necessary for the optimum growth and development of *Clarias gariepinus*, but contains nutrients for the maintenance and the sustenance of *Clarias gariepinus* and is therefore recommended to be used for the maintenance of *Clarias gariepinus*, because it is less expensive and readily available.

## CONFLICT OF INTEREST

The authors declare that they have no conflict of interest.

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